

Crowded Mind



Competition Step Sheet

DIVISION: Novice

Description: 48 Counts, 2 Walls, Waltz, Country
Choreographer: Shane McKeever & Niels Poulsen
Music: Crowded my Mind by Brett Eldredge (Special Edit).
Available at www.wdm.dance
Intro: 3 Counts
Note: Start facing 1.30. There is a restart after 24 counts on Wall 3. See note below. Dancers will dance Wall 1 Vanilla, Wall 2 Vanilla, Wall 3 (until restart) Vanilla, Wall 4 Variation, Vanilla to finish.

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- 1-6 L Twinkle with 3/8 Turn L, Fwd R, Sweep L fwd**
1,2,3 Step L towards R diagonal (1), step R to R side (2), turn 3/8 L stepping down on L to L side (3) 9:00
4,5,6 Cross R slightly over L (4), start sweeping L fwd (5), sweep L slightly over R (6) 9:00
- 7-12 L Weave, R Step Drag**
1,2,3 Cross L over R (1), step R to R side (2), cross L behind R (3) 9:00
4,5,6 Step R a big step to R side (4), start dragging L towards R (5), touch L next to R (6) 9:00
- 13-18 Roll 1 1/8 turn L, fwd R, slow L kick fwd**
1,2,3 Turn 1/4 L stepping L fwd (1), turn 1/2 L stepping R back (2), turn 3/8 L stepping L to L side (3) 7:30
4,5,6 Step R fwd (4), hitch L knee (5), kick L fwd (6) 7:30
- 19-24 Walk back L,R,L point R back, unwind 1/2 R**
1,2,3 Step back L (1), step back R (2), step back L (3) 7:30
4,5,6 Point R back (4), start turning 1/2 R on L (5), finish turn changing your weight to R foot (6)
- * Restart here on wall 3, facing 1:30**
- 25-30 Diamond with 1/2 L**
1,2,3 Step L fwd (1), turn 1/8 L stepping R to R side (2), turn 1/8 L stepping L back (3) 10:30
4,5,6 Step R back (4), turn 1/8 L stepping L to L side (5), turn 1/8 L stepping R fwd (6) 7:30
- 31-36 1/8 L fwd L, point R, hold, back R, sweep L over 2 counts**
1,2,3 Turn 1/8 L stepping L fwd (1), point R to R side (2), Hold (3) 6:00
4,5,6 Step R back (4), start sweeping L to L side (5), sweep L behind R (6) 6:00

37-42**L twinkle back, behind side cross**

1,2,3

Cross L behind R (1), step R to R side (2), step L back to L diagonal (3) 6:00

4,5,6

Cross R behind L (4), step L to L side (5), cross R over L (6) 6:00

43-48**L Pas de Valse, 1/8 R into R step drag**

1,2,3

Step L to L side (1), rock R behind L (2), recover weight onto L (3) 6:00

4,5,6

Step R a big step to R side opening up 1/8 R in body (4), drag L towards R (5), touch L next to R (6) 7:30

Begin again ☺