

Roots Before Branches



Competition Step Sheet

DIVISION: Advanced

Description: 72 Counts, 2 Walls, Waltz, Country
Choreographer: Nicola Lafferty
Music: Roots Before Branches by Room for Two (Special Edit)
Album: Available at www.worlddancemasters.com
Count-in: 12 Count Intro
Note: Dancers will dance Wall 1 Vanilla, Wall 2 Variation,
Wall 3 Vanilla, Wall 4 Variation.
Video: <https://vimeo.com/581530743/70d794ee6d>

1-6 L PAS DE VALSE, ¼ SWEEP CROSS

1,2,3 Step LF to L side, cross RF behind LF, step LF in place
4,5,6 Making ¼ turn R, step RF fwd, sweep LF from back to front,
Cross LF over RF (3.00)

7-12 BACK, ¼ SIDE, CROSS, ½ CURVING FEATHER

1,2,3 Step RF back, step LF to L side making ¼ turn L, cross RF
over LF (12.00)
4,5,6 Making a ½ turn over your L shoulder to face 6.00, make a 'C'
shape with your steps as you step L, R, L

13-18 CROSS CHECK, SIDE, CROSS, HOLD

1,2,3 Cross rock RF over LF, recover weight to LF, step RF to R side
4,5,6 Cross LF over RF (face 7.30), hold for 2 counts (*optional arm –
reach R arm slowly forward)

19-24 BASIC BACK, STEP BACK, HOLD, RECOVER

1,2,3 Facing 7.30, walk back R, L, R
4,5,6 Rock LF back, hold, recover weight to RF (7.30)

25-30 DIAMOND FALLAWAY

1,2,3 Step LF fwd to 7.30, make 1/8 turn L as you step RF to R side
(6.00), make 1/8 turn L to 4.30 as you step LF back
4,5,6 Facing 4.30, step RF back, making 1/8 turn L to 3.00 step LF to L
side, making 1/8 turn to 1.30, step RF fwd

31-36 DIAMOND FALLAWAY, COLLECT

1,2,3 Step LF fwd to 1.30, make 1/8 turn L to 12.00 as you step RF to R
side, make ¼ turn L to 10.30 as you step LF back
4,5,6 Facing 10.30, step RF back, making 1/8 turn L to 9.00 step LF to L
side, collect RF beside LF (keeping weight on RF)

37-42 TURNING TOUCHES WITH HOLDS

1,2,3 Make ¼ turn R as you step RF fwd, touch LF to L side, hold
4,5,6 Make ¼ turn L as you step LF fwd (9.00), make a ¼ turn L as you
touch RF to R side (6.00)

- 43-48 TURNING TOUCH WITH HOLD, TWINKLE ½ TURN**
 1,2,3 Make ¼ turn R as you step RF fwd (9.00), make ¼ turn R as you touch LF to L side (12.00)
 4,5,6 Cross LF over RF, make ¼ turn L as you step RF back (9.00)m make ¼ L as you step LF to L side (6.00)
- 49-54 BASIC FWD, BASIC BACK (TO DIAGONAL)**
 1,2,3 Making ¼ turn to face 4.30, step RF fwd, close LF to RF, step RF in place
 4,5,6 Step LF back, close RF to LF, step LF in place (4.30)
- 55-60 R TWINKLE, WEAVE**
 1,2,3 Step RF fwd to 4.30, square up to 6.00 as you step LF to L side, step RF to R diagonal
 4,5,6 Cross LF over RF, step RF to R side, cross LF behind RF
- 61-66 SLOW SWAY, QUICK SWAYS, HOLD**
 1,2,3 Step RF to R side as you slowly sway your body to the right
 4,5,6 Sway body to L, sway body to R, hold
- 67-72 FULL ROLLING VINE TO L, CROSS UNWIND**
 1,2,3 Make ¼ turn L step LF fwd (3.00), making a ½ turn L step RF back (9.00), make ¼ turn L as you step LF to side (6.00)
 4,5,6 Cross RF over LF, spiral turn to L, keeping weight on RF (dancers can choose how many turns to execute over these beats)

Begin again ☺