

I Do Polka



Competition Step Sheet

DIVISION: Intermediate

Description: 48 Counts, 2 Walls, Polka, Country
Choreographer: Fred Whitehouse & Shane McKeever
Music: I Do Thing by Kylie Frey (special edit)
Album: Available at www.worlddancemasters.com
Count-in: 16 Count Intro
Note: Dancers will dance Wall 1 Vanilla, Wall 2 Vanilla, Tag Vanilla, Wall 3 Variation, Wall 4 Vanilla, Tag Vanilla, Wall 5 Variation, Wall 6 Vanilla
Video: <https://vimeo.com/581205286/5ad165c54c>

Sequence: 48, 48, Tag (16), 48, 48, Tag (8), 48, 48, Tag (16)

1-8 Step ½ L, shuffle ½ L, skip R&L, L coaster step

1,2 Step R fwd (1), turn ½ L onto L (2) 6:00
3&4 Turn ¼ L stepping R to R side (3), step L next to R (&), turn ¼ L stepping back on R (4) 12:00
&5&6 Scoot back on R hitching L knee (&), step back on L (6), scoot back on L hitching R knee (&) step back on R (6) 12:00
7&8 Step back on L (7), step R next to L (&), step fwd on L (8) 12:00

9-16 R side rock, together, L side rock, touch L behind, unwind ½ L, out out, in in

1,2 Rock R to R side (1), recover on L (2) 12:00
&3,4 Step R next to L (&), rock L to L side (3), recover on R (4) 12:00
5,6 Touch L behind R (5), unwind ½ L onto L (6) 6:00
&7&8 Step R out to R side (&), step L out to L side (7), step R to centre (&), step L next to R (8) 6:00

17-24 R chasse, ¼ L into L chasse, R kick cross, touch L, step L back, big step R, slide

1&2 Step R to R side (1), step L next to R (&), step R to R side (2) 6:00
3&4 Turn ¼ L on R stepping L to L side (3), step R next to L (&), step L to L side (4) 3:00
5&6& Cross kick R over L (5), step down on R (&), tap L behind R (6), step L back (&) 3:00
7,8 Step R a big step to R side (7), start sliding L towards R (8) 3:00

25-32 ¼ R into step ½ R, ¼ R into L chasse, R cross rock, side R, point L, ¼ L flick R back

1,2 Turn ¼ R on R and step L fwd (1), turn ½ R onto R (2) 12:00
3&4 Turn ¼ R on R stepping L to L side (3), step R next to L (&), step L to L side (4) 3:00
5,6 Cross rock R over L (5), recover on L (6) 3:00
&7,8 Step R to R side (&), point L to L side (7), turn ¼ L onto L flicking R back (8) 12:00

33-40 Fwd R, flick L & slap, back L & slap R knee, out out, jump together, R charleston step

- &1&2 Step R fwd (&), flick L up behind R slapping L foot with R hand (1), step L back (&), hitch R knee slapping knee with L hand (2) 12:00
- &3,4 Step R out to R side (&), step L out to L side (3), jump feet together (4) 12:00
- &5&6 Swivel both heels out (&), swivel heels in and point R fwd (5), swivel both heels out (&), swivel heels in and step R back (6) 12:00
- &7&8 Swivel both heels out (&), swivel both heels in and point L foot back (7), swivel both heels out (&), swivel both heels in and step L fwd (8) 12:00

41-48 Point ¼ L X 2, fwd R, hitch L, rocks with claps

- 1,2 Turn ¼ L on L pointing R to R side (1), turn ¼ L on L pointing R to R side (2)
- 3,4 Step R fwd (3), hitch L knee (4) 6:00
- 5&6& Step L fwd (5), clap hands at shoulder height (&), recover back on R (6), clap hands at hip level (&) 6:00
- 7&8 Rock fwd on L (7), clap hands twice (&8) 6:00

TAG

**Always happens at 12:00. The 2nd time you only do the first 8 counts of the tag.*

1-8 Step ½ turn X 2, V step

- 1-4 Step R fwd (1), turn ½ L onto L (2), step R fwd (3), turn ½ L onto L (4) 12:00
- 5-8 Step R out to R diagonal (5), step L out to L diagonal (6), step R back to centre (7), step L next to R (8) 12:00

9-16 Full turn chasse box

- 1&2 Step R to R side (1), step L next to R (&), step R to R side (2) 12:00
- 3&4 Turn ¼ L on R stepping L to L side (3), step R next to L (&), step L to L side (4) 9:00
- 5&6 Turn ¼ L on L stepping R to R side (5), step L next to R (&), step R to R side (6) 6:00
- 7&8 Turn ¼ L on R stepping L to L side (7), step R next to L (&), turn ¼ L stepping L fwd (8) 12:00

Begin again ☺