

Blinding Lights



Competition Step Sheet

DIVISION: Rugrats

Description: 32 Counts, 2 Walls, Non-Country
Choreographer: Nicola Lafferty
Music: Blinding Lights by The Weekend (Special Edit)
Album: Available at www.worlddancemasters.com
Count-in: 16 Count Intro
Video: <https://vimeo.com/581159391/d70aaed835>

1-8 Double Kick, Close, Hold (Repeat)

1,2 Kick RF fwd x2
3,4 Close RF to LF, hold
5,6 Kick LF fwd x2
7,8 Close LF to RF, hold

9-16 Side Triple, Rock Recover (Repeat)

1&2 R triple to R side
3,4 Rock LF back, recover weight to RF
5&6 L triple to L side
7,8 Rock RF back, recover weight to LF

17-24 4 x Skates Fwd, Step Touches (Travelling Back)

1,2,3,4 4 x skates fwd (R, L, R, L)
5,6 Step RF back to R diagonal, touch LF beside RF
7,8 Step LF back to L diagonal, touch RF beside LF

25-32 ½ Monterey Turn, 2 x Toe Struts Travelling Fwd

1,2 Touch RF to R side, make ½ turn over R shoulder closing RF to LF
3,4 Touch LF to L side, close LF to RF
5,6 Touch ball of RF fwd, drop R heel
7,8 Touch ball of LF fwd, drop L heel

Begin again ☺