

# Shine for Shannon



Competition Step Sheet

**DIVISION: Starter**

Description: 32 Counts, 2 Walls, Non-Country  
Choreographer: Fred Whitehouse  
Music: I Believe by Yolanda Adams (Special Edit)  
Album: Available at [www.worlddancemasters.com](http://www.worlddancemasters.com)  
Count-in: 8 Count Intro  
Note: There are 2 restarts in Wall 2 and Wall 6. See note below.  
Video: <https://vimeo.com/581159391/d70aaed835>

---

**1-8 Step Diagonal, Touch, Repeat, Walk Back x 4**  
1,2 Step R forward to diagonal (1:30), touch L beside R  
3,4 Step L forward to diagonal (10:30), touch R beside L  
5,6 Step back R (6:00), Step back L  
7,8 Step back R, Step back L  
*\*Restart here on Wall 2*

**9-16 Stomp Forward R x 2, Stomp Forward L x 2**  
1,2 Stomp R forward, Repeat  
3,4 Stomp L forward, Repeat  
5,6 Step R forward making ¼ turn L (9:00)  
7,8 Step R forward making ¼ turn L (6:00)  
*\*Restart here on Wall 6*

**17-24 Out, Out, In, In, Repeat**  
1,2 Step R out to R diagonal, Step L out to L diagonal  
3,4 Step R back, Step L back  
5,6 Repeat Counts 17,18  
7,8 Repeat Counts 19,20

**25-32 Slide Forward Diagonal, Heel Bounce x 2, Repeat**  
1,2 Step R forward diagonal (7:30), Step L beside R  
3,4 Lift both heels off the floor and bounce heels twice  
5,6 Step L forward diagonal (4:30), Step R beside L  
7,8 Lift both heels off the floor and bounce heels twice

Begin again 😊